

# Measurement Equivalents

Cup	Fluid oz.	Tbsp	tsp
1 C	8 oz.	16 Tbsp	48 tsp
3/4 C	6 oz.	12 Tbsp	36 tsp
2/3 C	5 oz.	10 Tbsp + 2 tsp	32 tsp
1/2 C	4 oz.	8 Tbsp	24 tsp
1/3 C	3 oz.	5 Tbsp + 1 tsp	16 tsp
1/4 C	2 oz.	4 Tbsp	12 tsp
1/8 C	1 oz.	2 Tbsp	6 tsp
1/16 C	0.5 oz.	1 Tbsp	3 tsp

